

Groups

Written by Craig Scherbarth

Thursday, 22 January 2015 20:33 - Last Updated Tuesday, 01 December 2015 02:16

Men's Group

focuses on activities that are engaging and stimulating and often dynamic in nature
allows participants to build new skills through kinesthetic learning promotes a sense of team and community and opportunity to improve social pragmatics

Women's Group

focuses on activities that promote creativity and self-expression in client's leisure interest area
explores new interest areas so clients can see the value of a variety of experiences
benefits from group leader encouraging discussions and sharing regarding adjustment and coping

Young Adult Group

activities aimed at developing relationships with peers with similar life experiences
specific focus on promoting team-building and decreasing isolation
group dynamics encourage sharing, focus on social pragmatics and development of effective coping

Bowling Skills Group

accommodates all disability and skill levels through activity modifications and adaptations
focuses on skill building and being part of a team approach
integrates many clients into a premorbid, healthy activity while focusing on functional skills

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Book Club

books will range a variety of topics, interests and genres based on group members' needs and interests
focuses on improving cognitive and communication skills in a fun, supportive environment
designed for clients with more advanced executive skills
therapist will utilize strategies and recommendations that carryover from other environments and the

"Outcome focused therapy that gets people off the sidelines and back into life!"

HCRT TBI Community Re-entry Support Groups

HCRT is offering 5 client focused groups that are designed to meet the unique needs of individuals with

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